

United States Senate  
WASHINGTON, DC 20510

May 12, 2022

Dr. Miriam Delphin-Rittmon  
Assistant Secretary for Mental Health and Substance Use  
Substance Abuse and Mental Health Services Administration  
5600 Fishers Lane  
Rockville, MD 20857

Dear Dr. Delphin-Rittmon,

I write in support of the application submitted by Reality Check for a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA)'s Building Communities of Recovery (BCOR) grant program. Funding from SAMHSA would enable Reality Check to enhance and expand its peer recovery support services in New Hampshire's Greater Monadnock Region.

For nearly 15 years, Reality Check has connected people with substance use disorder and co-occurring mental health disorders with quality long-term recovery support services. It works with community partners on public outreach and education efforts that reduce the stigma surrounding addiction and mental illness. Its qualified staff and volunteers also strive to provide and increase access to comprehensive peer recovery services, including recovery coaching, support groups, telephone support services, brief assessments and crisis interventions and addiction training and presentations. Research shows that the evidence-based recovery supports offered by Reality Check increase the prospects of successful long-term recovery and reduce the likelihood of relapse.

With funding from SAMHSA's BCOR program, Reality Check would expand its services to include supported referrals to in- and out-patient treatment, medication-assisted recovery and in-person and telehealth mental health counseling. It would also provide needed resources to help people secure housing, employment, childcare, transportation, legal help and family reunification. To achieve these goals, Reality Check would utilize existing partnerships with statewide recovery community organizations, treatment centers, Cheshire County House of Corrections and Cheshire County Drug Court, regional employers, college systems and practitioners in the health and medical fields.

Reality Check has a strong history of administering federal funds – including a four-year grant from SAMHSA's Sober Truth on Preventing Underage Drinking Program and two five-year CDC Drug-Free Communities grants – and forging community partnerships to reach populations most affected by addiction. I strongly support its application for funding from the Building Communities of Recovery and urge its favorable consideration. If you need any additional information, please contact Jon Jarvis from my staff at (603) 647-7500 or by email at [jon\\_jarvis@shaheen.senate.gov](mailto:jon_jarvis@shaheen.senate.gov).

Sincerely,



Jeanne Shaheen  
United States Senator